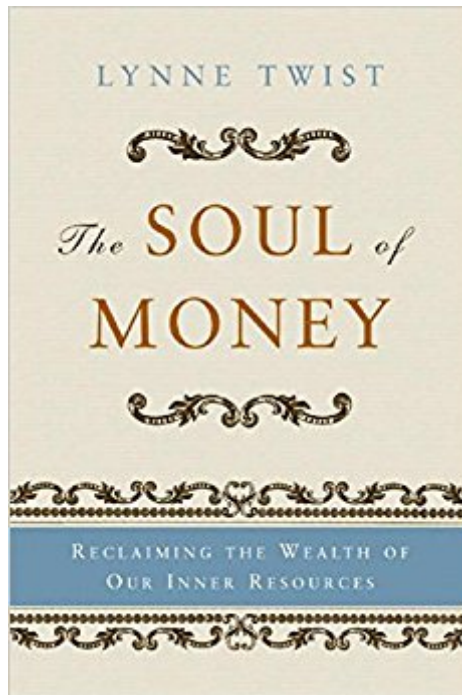




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# The Soul Of Money: Reclaiming The Wealth Of Our Inner Resources



## Synopsis

A wise and inspiring exploration of the connection between money and leading a fulfilling life. This compelling and fundamentally liberating book shows us that examining our attitudes toward money—earning it, spending it, and giving it away—can offer surprising insight into our lives, our values, and the essence of prosperity. Through personal stories and practical advice, global activist Lynne Twist demonstrates how we can replace feelings of scarcity, guilt, and burden with experiences of sufficiency, freedom, and purpose. Twist takes an honest and critical look at the extraordinary power that money wields over our lives and its profound and often destructive influence on our self-image and relationships. In a consumer society that glorifies the pitch, the sale, and the insatiable appetite for more as a measure of self-worth, *The Soul of Money* asks us to step back, to examine our relationship with money, to assess our connection with core human values, and to change this relationship and, in so doing, to transform our lives.

## Book Information

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## Customer Reviews

“An inspired and utterly fascinating book. It will change the way you think about money.... It is a book for everyone who would like to make the world a better place.” - Jane Goodall, PhD, CBE, founder of the Jane Goodall Institute and UN Messenger of Peace  
“The right book at the right time. To anyone who wants to transform their lives and the world, I give this book my highest recommendation.” - Deepak Chopra  
“Eloquently and passionately written.... I recommend it highly.” - Dean Ornish, MD, Preventive Medicine Research Institute, University of California, San

Francisco Lynne Twist has a remarkable ability to cast spiritual light on the subject of money. This book is a rare gift. • - Marianne Williamson, author of A Return to Love and Healing the Soul of America Lynne Twist puts the magic back in money by understanding that it is a form of energy with which we can perform miracles. • - James Garrison, president, State of the World Forum

Lynne Twist is a global activist and found of the Soul of Money Institute. She lives in San Francisco, California. Teresa Barker is a journalist, consulting editor, and author. She lives with her family in Portland, Oregon.

This book isn't for everyone. No book is. This book, though housed with some insights, was not for me. In my opinion, the audience meant to read The Soul of Money is an audience of wealth, those who already have money and are trying to come to terms with that very wealth, or perhaps where to focus their money e.g. charity, philanthropic ventures, etc. This book is not meant for the middle person, the one who is neither at the bottom nor the top, someone like myself, perhaps even you. It does not offer useful tools designed to help you acquire wealth, better manage your current finances, or any tool on money management for that matter. There is no financial advice here. This book is about the experiences--eventually becoming stories--that the author had over the years in fundraising. It speaks to what those with whom she worked learned about themselves, their perceived state of being (or affairs), and how to shift from a mentality of scarcity to that of sufficiency. See, that's the part that drew me in--scarcity vs sufficiency--leading me to believe that the book offered something that helped one go from the former to the latter. Not the case. My overall view: If you want to read about various stories that may or may not inspire you in a compassionate way, go for it; however, if you're looking to learn more about how to navigate your own financial situation, be that to acquire greater monetary outcome or to manage your current financial situation, this isn't the book. Again, this is for people who already have money and perhaps need a bit of inspiration as to where they can contribute. This is not meant for those who do not have the wealth that allows them to give it away.

I no longer feel that way, but had to shake off old beliefs. We, or most of us, have been told "money is the root of all evil." I think that can be true if it's used to get over, or be on top. Money is just currency. When we have adequate money we can be self sufficient and not have to depend on outside sources. When we have extra we can bless the lives of others. Unfortunately some see

money as status and I am not one who does, however it would be nice not to have to worry about it, ever. Think the majority of people have felt that way, at last a time or so. As a result of reading this book and others on the subject I have changed the way I view money, entirely. I don't even use the over-used term "filthy" rich and I thank God-Source--The Universe for the money I do have, when I pay my bills & can share. I do not worship money, but have a greater respect. It's even made me think more deeply about what I am spending money on..the creativity that went into things, the time another spent and such, increasing my gratitude, in general.

Are you in a life long struggle between money and the calling of your soul? Is money at odds with your most deeply held values, commitments, and ideals? Do you have an inner hunger to be authentic, to have a life of meaning, a life in which you can make a difference? If yes, then Lynne Twist's "The Soul of Money: Reclaiming the Wealth of Our Inner Resources" was written for you. As Deepak Chopra notes, "To anyone who wants to transform their lives and the world, I give this book my highest recommendation." Author Twist has found that there are striking commonalities across cultures in our basic human relationship with money and the way that relationship governs, dominates, and stresses our lives. In each culture, Twist has seen the powerful grip that money has on our lives, the wounds and hardship that it can impose, and the immense healing power of even the smallest amount of money when we use it to express our humanity - our highest ideals and our most soulful commitments and values. "The Soul of Money" offers a way to "realign our relationship with money to be more truthful, free, and potent, enabling us to live a life of integrity and full self-expression consistent with our deepest core values, no matter what our financial circumstances. The book is not about turning away from money or simplifying expenditures, or doing budgets or financial planning, although the wisdom gained will be relevant to all those activities. This book is about living consciously, fully, and joyfully in our relationship with money, and learning to understand and embrace its flow. It is about using the unexamined portal of our relationship with money to deliver a widespread transformation in all aspects of our lives."

The Soul of Money is a powerful wake up call for anyone who struggles with their resources, who fears lack, and who believes scarcity has more power than abundance. Lynne Twist places a profound magnifying glass on how we see money and how we use the resources available to us in our lives. Her personal experience exposes the frailty and fear that most of humanity feels toward abundance regardless of how much or little financial wealth they have available to them. She places a spotlight on the incredible waste of personal inner resources as we worry about, hoard, cling to,

and feel our identity rise and fall on our financial success. Money, along with our other natural resources of time, love, and compassion, lie in wait for our conscious use if we can only learn to see the abundance before us. Our peace and abundance can grow and circulate as we learn to honor our personal resources through living a life free of scarcity and fear. No one on this planet is immune to financial struggles and fears and that was a powerful awareness and gift from Ms. Swift.

This is the book I have been searching for all my adult life. I gives perspective on the endless pursuit of money, and what we choose to do with it. Understanding the concept of enough is enough while going through a difficult divorce really helped me stay sane and focused on the big picture. We are no longer islands; we are globally connected and each of us play a role in the big picture. It is how we choose to save, give back and spend that has the greater impact.

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